

CALII LOVE



EAT GOOD. LOVE LIFE.

LOVE FOR LIFE.

Our mission is to positively uplift, inspire healthier communities and deliver happiness one person and one bowl at a time.

Calii Love was born from our desire to offer sustainable, nutrient-dense “real food” in uplifting locations that provide customers with more than just a convenient and customizable dining experience. In addition to serving nutritious and delicious food and beverage options we strive to create opportunities for our customers to connect with their fellow humans in a time when many are craving community above all else. We are committed to providing educational experiences, inclusive social media content, and supporting your overall wellness.




DID YOU KNOW WE CATER? GOOD VIBES TO GO!

Corporate lunches, craft services, private functions, multi-day events - we do it all. Our packaging is environmentally friendly, and we can accommodate all dietary needs.

 catering@caliilove.com  **416-792-5683**

 **KING ST. WEST**
367 KING ST. WEST
TORONTO, ON
M5V 1K1
CANADA
416-977-2181

 **YORKVILLE**
1235 BAY STREET
TORONTO, ON
M5R 3K4
CANADA
416-960-LOVE (5683)

 **UNION STATION**
65 FRONT ST. WEST
TORONTO, ON
M5J 1E6
CANADA

 **FIRST CANADIAN PLACE**
100 KING ST. WEST
TORONTO, ON
M5X 1A9
CANADA
647-350-6595

   @CALIILOVECO

BEVERAGES

Brewed Coffee

RG \$2 | LG \$2.25

Latte

RG \$4

Cappuccino

\$5.75

Espresso

SGL \$2 | DBL \$2.5

Americano

SGL \$2.5 | DBL \$3

Dandelion Coffee

SGL \$2.5 | DBL \$3

Tea

RG \$2.75

Tea Latte

\$4

Extra Shot

\$0.5



WELLNESS LATTES

\$5.95

Available hot or iced

Matcha Latte

Chaga Hot Chocolate

Collagen Latte

Golden Milk Latte

Activated Charcoal Latte

Vegan Bulletproof Coffee

Blue Majik Latte

Beet Latte

BREAKFAST BOWLS

Available until 11am

Warm \$6.95

Steel Cut Oatmeal, Blueberry, Cardamom, Canadian Maple, Espresso Walnuts, Coconut Flakes, Banana

662 CAL (GF) (V)

Blessed \$8.95

Baked Egg, Quinoa, Kale, Cashew-Pecan Bacon, Smashed Avocado, Pico de Gallo, Black Beans, Spicy Pumpkin Seeds, Chipotle Nacho Ranch Dressing

466 CAL (GF)

Cozy \$6.95

Base: Cinnamon-Spiced Baked Apples, Currants, Canadian Maple Syrup, Strawberry Toppings: Coconut Yogurt, House-made Granola, Pumpkin Seeds, Blueberry

324 CAL (V)



SMOOTHIE BOWLS

\$11.45

Available all day

Dreamy

Base: Blend of Blue Majik Spirulina, Mango, Banana, Coconut Mylk, Pineapple Toppings: Coconut Flakes, Strawberry, Mango, Puffed Rice

386 CAL (GF) (V)

Powerful

Base: Blend of Maca, Avocado, Kale, Mango, Banana, Coconut Mylk

Toppings: Chia Seeds, Strawberry, Mango, Roasted Sunflower Seeds, Blueberry

374 CAL (V)

Loved

Base: Blend of Acai, Coconut Mylk, Mango, Banana

Toppings: Strawberry, Coconut Flakes, House-Made Granola, Blueberry, Banana

420 CAL (V)

Happy

Base: Blend of Acai, Coconut Mylk, Strawberry, Banana

Toppings: House-made Granola, Coconut Flakes, Goji Berries, Blueberry, Banana

541 CAL (V)

POWER UP YOUR SMOOTHIE OR BOWL

Brain Octane Oil

Chia Seeds

Hemp Seeds

+\$3

Collagen

Vanilla Pea Protein

Almond Butter

Whey Protein

+\$4

SUPERFOOD SMOOTHIES

\$7.95

Available all day

Grounded

Mango, Pineapple, Cayenne, Turmeric, Maple, Cauliflower, Coconut Mylk

264 CAL (V)

Lively

Pineapple, Spinach, Coconut Yogurt, Maple Syrup, Coconut Mylk

311 CAL (GF) (V)

Priceless

Maca, Blueberry, Strawberry, Banana, Fermented Vanilla Pea Protein, Coconut Mylk Sub Whey Protein + \$1

386 CAL (GF) (V)

Fresh

Moringa, Kale, Cucumber, Celery, Pineapple, Ginger, Lemon Juice, Apple

166 CAL (GF) (V)

Charming

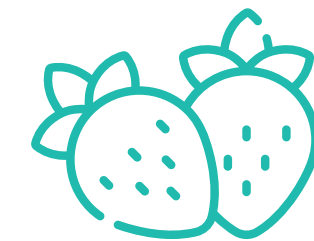
Camu Camu, Strawberry, Beet Crystal, Mango, Banana, Chia Seeds, Coconut Mylk

287 CAL (V)

Limitless

Love Affair Coffee, Raw Cacao and Chaga Mix, Maca, Ashwagandha, Shilajit, Almond Butter, Banana, Coconut Mylk

526 CAL (GF) (V)



CALII BOXES

\$12.95

Available from 11am
No substitutions allowed

Kind

Roasted Chicken Leg, Shiitake Mushrooms, Cauliflower Rice, Spicy Broccoli

452 CAL

Vibrant

Baked Falafel, Cauliflower Rice, Black Rice, Warm Quinoa, Roasted Green Beans

413 CAL

Brilliant

Chicken Strips, Roasted Carrots, Roasted Beets, Roasted Green Beans

421 CAL

Passionate

Baked Salmon, Turmeric Cauliflower, Spicy Broccoli, Za'atar Sweet Potato

779 CAL

WRAPS

\$7.95

Available from 11am

Strong

Spinach Flour Tortilla, Chicken Strips, Kale, Red Cabbage, Shiitake Mushrooms, Pico de Gallo, Chipotle Nacho Ranch

258 CAL

Brave

Spinach Flour Tortilla, Baked Falafel, House Greens, Red Cabbage, Baked Chickpeas, Spicy Broccoli, Tahini Caesar Dressing

509 CAL (VG)

Proud

Spinach Flour Tortilla, Chicken Strips, Black Rice, Fresh Spinach, Pico de Gallo, Black Beans, Sriracha Mayo, Spicy Pumpkin Seeds

599 CAL

SIGNATURE SALADS

\$11.45

Available from 11am

Fearless

Chopped Kale, House Greens, Cashew-Pecan Bacon, Cucumber, Cherry Tomato, Baked Chickpeas, Tahini Caesar Dressing

647 CAL (GF) (V)

Noble

House Greens, Shiitake Mushrooms, Spicy Broccoli, Lotus Root, Za'atar Sweet Potato, Puffed Rice, Maple Miso Dressing

470 CAL (GF) (V)

Legendary

House Greens, Warm Quinoa, Red Cabbage, Smashed Avocado, Pico de Gallo, Black Beans, Vegan Feta Cheese, Pumpkin Seeds, Chipotle Nacho Ranch Dressing

491 CAL (GF) (V) (S)

Beaming

House Greens, Cauliflower Rice, Red Cabbage, Roasted Chayote, Cherry Tomato, Sunflower Seeds, Turmeric-Apple Cider Vinaigrette

492 CAL (GF) (V)

ADD PROTEIN:

Baked Salmon | + \$6.50

Raw Salmon | Raw Tuna | + \$6

Baked Falafel | Chicken Strips |

Roasted Chicken Leg | + \$5

Baked Tofu | BBQ Pulled Jackfruit | + \$3.5

SIGNATURE POKE

SML \$11.45 | REG \$15.95

Available from 11am

Clever

Ocean Wise Certified Raw Yellowfin Tuna, Spicy Broccoli, Crispy Shallot, Wakame Seaweed Salad, Kimchi, Edamame, Sushi Rice, Wasabi Aioli

680 CAL (S) | 961 CAL (R) (GF) (S)

Amazing

Ocean Wise Certified Raw Yellowfin Tuna, Raw Atlantic Salmon, Mango, Watermelon Radish, Shredded Carrots, Cucumber, Jalapeño, Sushi Rice, Wasabi Aioli, Sweet and Spicy Shoyu Sauce

442 CAL (S) | 675 CAL (R) (GF) (S)

Hopeful

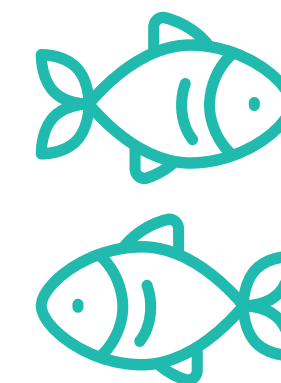
Ocean Wise Certified Raw Atlantic Salmon, Cherry Tomato, Pickled Ginger, Jalapeno, Smashed Avocado, White Onion, Wakame Seaweed Salad, Black Rice, Sriracha Mayo

442 CAL (S) | 675 CAL (R) (GF) (S)

Grateful

Baked Tofu, Edamame, Lotus Root, Smashed Avocado, Shredded Carrots, Watermelon Radish, Calii Kelp Noodles, Sweet and Spicy Shoyu Sauce

260 CAL (S) | 401 CAL (R) (GF) (V) (S)



BUILD YOUR OWN SALAD OR POKE

Available from 11am

Small Bowl \$12.95

BASE + PROTEIN + 4 X TOPPINGS + SAUCE

Regular Bowl \$16.95

BASE + PROTEIN + 6 X TOPPINGS + SAUCE

PICK YOUR BASE:

House Greens | Red Cabbage | Spinach | Chopped Kale | Calii Kelp Noodles | Warm Quinoa | Black Rice | Sushi Rice |

PICK YOUR PROTEIN:

Raw Salmon | Raw Tuna | Baked Salmon | Baked Falafel | Baked Chicken | Baked Tofu | BBQ Pulled Jackfruit | Roasted Chicken Leg (Available for Regular Bowl only) |

PICK YOUR TOPPINGS:

Shiitake Mushrooms | Baked Chickpeas | Spicy Broccoli | Shredded Carrots | Roasted Carrots | Turmeric Cauliflower | Cauliflower Rice | Cucumber | Edamame | Pickled Ginger | Jalapeño | Kimchi | White Onion | Mango | Watermelon Radish | Pico de Gallo | Za'atar Sweet Potato | Cherry Tomato | Wakame | Smashed Avocado | Crispy Shallot | Vegan Feta Cheese | Black Beans | Hemp Hearts | Spicy Pumpkin Seeds | Coconut Flakes | Espresso Walnut | Cashew-Pecan Bacon | Sunflower Seeds | Puffed Rice | Miso Lotus Root | Roasted Beets | Roasted Chayote | Roasted Green Beans |

Extra Toppings + \$1

ADD SAUCE:

Our dressings are house-made

Chipotle Nacho Ranch (GF) (V) (S)

Sweet and Spicy Shoyu (GF) (V) (S)

Wasabi Aioli (GF) (VG) (S)

Sriracha Mayo (GF) (VG) (S)

Maple Miso (GF) (V)

Tahini Caesar (GF) (V)

Turmeric-Apple Cider Vinaigrette (GF) (V)

Cilantro Lime (GF) (V)

Extra Dressing + \$0.5

TOP IT UP:

Spiced Soy Nuts | Calii Spice | Nori | Sesame Seeds | Pea Shoots