

CALII LOVE

ALLERGEN GUIDE

X=contains O=may contain

Disclaimer: The allergens listed below are based on manufacturer labels. Our Calii Love stores use a variety of ingredients to prepare your meals which may result in cross contamination of any of the listed allergens within our restaurants.

SMOOTHIE BOWLS	Vegan	Wheat	Milk	Soy	Eggs	Fish	Shellfish/ Crustacean	Peanuts	Tree Nuts	Seeds	Sesame	Other
DREAMY	X									X		Contains sulphites
POWERFUL	X	O*		O*						X	O*	
LOVED	X	O		O						X		Contains cinnamon, ginger, sulphites and may contain mustard
HAPPY	X	O		O						X		Contains cinnamon, ginger, sulphites and may contain mustard

*Allergens are present in the same packaging line of distributor

SMOOTHIE	Vegan	Wheat	Milk	Soy	Eggs	Fish	Shellfish/ Crustacean	Peanuts	Tree Nuts	Seeds	Sesame	Other
PRICELESS			O**					O	O			
FRESH	X											
CHARMING	X	O*		O*							O*	
LIMITLESS***	X							O	X			Contains caffeine and cinnamon

*Allergens are present in the same packaging line of distributor

**coconut water produced in a facility that may use dairy

***smoothie contains several adaptogens, consult a doctor before consuming

SALAD	Vegan	Wheat	Milk	Soy	Eggs	Fish	Shellfish/ Crustacean	Peanuts	Tree Nuts	Seeds	Sesame	Other
FEARLESS	X			X						X	X	Contains mustard, sulphites and garlic
INCREDIBLE	X							O	X	X		Contains garlic
LEGENDARY	X			X				O	O	X		Contains garlic and onion
ZEN	X											Contains garlic, cinnamon, ginger, alcohol and sulphites

POKE	Vegan	Wheat	Milk	Soy	Eggs	Fish	Shellfish/ Crustacean	Peanuts	Tree Nuts	Seeds	Sesame	Other
CLEVER				X	X	X				X	X	Contains garlic, onion, sulphites, alcohol and mushrooms
AMAZING				X	X	X				X	X	Contains garlic, sulphites and alcohol
HOPEFUL				X	X	X				X	X	Contains aspartame (Phenylalanine), sulphites and mushrooms
GRATEFUL	X			X						X	X	Contains sulphites

ALLERGEN GUIDE

X=contains O=may contain

Disclaimer: The allergens listed below are based on manufacturer labels. Our Calii Love stores use a variety of ingredients to prepare your meals which may result in cross contamination of any of the listed allergens within our restaurants.

INGREDIENTS	Vegan	Wheat	Milk	Soy	Eggs	Fish	Shellfish/ Crustacean	Peanuts	Tree Nuts	Seeds	Sesame	Other
ROSEMARY-THYME MUSHROOMS	X											Contains garlic
SPICY BROCCOLI	X											Contains garlic
TURMERIC CAULIFLOWER	X											Contains ginger and cinnamon
PICKLED GINGER	X											Contains aspartame (Phenylalanine)
KIMCHI						X	X					Contains garlic, ginger and onion
ROASTED SWEET POTATO	X											Contains garlic
WAKAME SEAWEED SALAD	X			X						X		Contains mushrooms
VEGAN FETA CHEESE	X			X								Contains garlic
PICO DE GALLO	X											Contains onion
TOASTED HEMP HEARTS	X											
SPICY PUMPKIN SEEDS	X							O	O	X		Contains garlic
CRISPY SHALLOT	X											Contains onion
COCONUT FLAKES	X											Contains sulphites
ESPRESSO WALNUTS	X							O	X			Contains caffeine and cinnamon
VEGAN CHORIZO****	X			X								Contains garlic
CRISPY CHICKPEAS	X											
CALII KELP NOODLES	X									X	X	Contains potato starch
HOUSE HEMP GRANOLA	X	O								X		Contains cinnamon and ginger
SUNFLOWER SEEDS	X							O	O	X		
SPICED SOY NUTS	X		X									Contains garlic
CALII SPICE	X											Contains garlic
FERMENTED VANILLA PEA PROTEIN****	X							O	O			
COLLAGEN												Antibiotic and hormone free
SPINACH TORTILLA WRAP	X	X		X								Contains onion and garlic

**** contains peas (legumes) which may cause allergies in people with peanut allergies

DRESSING	Vegan	Wheat	Milk	Soy	Eggs	Fish	Shellfish/ Crustacean	Peanuts	Tree Nuts	Seeds	Sesame	Other
CHIPOTLE NACHO RANCH	X											Contains garlic and onion
SWEET AND SPICY SHOYU	X			X								Contains garlic and sulphites
WASABI AIOLI					X							Contains alcohol
SRIRACHA MAYO					X					X	X	Contains garlic and sulphites
BALSAMIC ALMOND VINAIGRETTE	X							O	X			Contains garlic
CILANTRO LIME VINAIGRETTE	X											Contains garlic, ginger and alcohol
TAHINI CAESAR	X			X						X	X	Contains garlic, sulphites and mustard

ALLERGEN GUIDE

X=contains O=may contain

Disclaimer: The allergens listed below are based on manufacturer labels. Our Calii Love stores use a variety of ingredients to prepare your meals which may result in cross contamination of any of the listed allergens within our restaurants.

PROTEIN	Vegan	Wheat	Milk	Soy	Eggs	Fish	Shellfish/ Crustacean	Peanuts	Tree Nuts	Seeds	Sesame	Other
BAKED CHICKEN												
BAKED SALMON						X						
RAW SALMON				X		X				X	X	
RAW TUNA				X		X				X	X	
BAKED TOFU	X			X								
BBQ JACKFRUIT	X			X								Contains garlic and onion
BAKED FALAFEL	X									X	X	Contains garlic and onion

BREAKFAST	Vegan	Wheat	Milk	Soy	Eggs	Fish	Shellfish/ Crustacean	Peanuts	Tree Nuts	Seeds	Sesame	Other
WARM	X							O	X			Contains caffeine and cinnamon
BLESSED WRAP W/TOFU	X	X		X				O	O	X		Contains garlic and onion
BLESSED WRAP W/EGG		X		X	X			O	O	X		Contains garlic and onion
BLESSED BOWL W/TOFU	X			X				O	O	X		Contains garlic and onion
BLESSED BOWL W/EGG				X	X			O	O	X		Contains garlic and onion
LUCKY WRAP W/TOFU		X		X		X	X			X	X	Contains garlic, onion, ginger and alcohol
LUCKY WRAP W/EGG		X		X	X	X	X			X	X	Contains garlic, onion, ginger and alcohol
LUCKY BOWL W/TOFU				X		X	X			X	X	Contains garlic, onion, ginger and alcohol
LUCKY BOWL W/EGG				X	X	X	X			X	X	Contains garlic, onion, ginger and alcohol

SEASONAL ITEMS ALLERGEN GUIDE

X=contains O=may contain

Disclaimer: The allergens listed below are based on manufacturer labels. Our Calii Love stores use a variety of ingredients to prepare your meals which may result in cross contamination of any of the listed allergens within our restaurants.

SEASONAL	Vegan	Wheat	Milk	Soy	Eggs	Fish	Shellfish/ Crustacean	Peanuts	Tree Nuts	Seeds	Sesame	Other
FESTIVE SMOOTHIE BOWL	X	O		O				O	O	X		Contains caffiene, may contain mustard
PLAYFUL SMOOTHIE	X											Contains caffiene